



Birmingham Regional Emergency Medical Services System
1114 16th Street South
Birmingham, Alabama 35205
(205) 934-2595
www.bremss.org



Directions for taking the American Heart Association (AHA) Heartsaver® CPR AED course

Heartsaver® courses are for anyone with limited or no medical training who needs a course completion card in CPR AED to meet job, regulatory or other requirements.

You will learn: Adult CPR and AED use, adult choking, child CPR and AED use (optional), infant CPR (optional), child choking (optional), and infant choking (optional). CPR instruction includes high-quality compressions, airway management, breathing, and how to use a mask.

Once you begin the course, you'll have access to the online lessons, videos, manuals and resources for 2 years! And you can start and stop the course at your convenience until you have finished it at your own pace.

THIS CLASS IS NOT INTENDED FOR THOSE IN THE MEDICAL FIELD.

Course cost: \$15

[Click here to access the Heartsaver® CPR AED course.](#)

The course will take about 1.75 hours online to complete.

When you complete the **Heartsaver® CPR AED Online**, print the certificate and call our office to schedule a skills check at 205-934-2595 or email bremssctc@uab.edu. Skills checks can be done Monday – Friday between 8:30 a.m. – 12:00 p.m. depending on instructor availability, but you must have an appointment. The skills checks will be done at the BREMSS office (address above). There is plenty of free parking in the gravel parking lot beside the building. The skills check will be done on an individual basis and will only take about 15-20 minutes of your time. The cost of the skills check is \$35.00, payable only with a check, money order, debit or credit card. **NO CASH!**

The American Heart Association Heartsaver® CPR AED card will be emailed to you immediately upon successful completion of the skills check off.

Please call if you have any questions.